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FOOT & ANKLE SURGERY CADAVERIC WORKSHOP



8TH MARCH 2026



**MS Ramaiah Advanced
Learning Center
Bengaluru**

Course Duration: One Day

Course Mode: Offline



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Course Overview

Built on the principles of experiential learning, this **Foot and Ankle Cadaveric Course** offers surgeons a unique opportunity to transform anatomical knowledge into practical surgical expertise. Through faculty-led dissections, live demonstrations, and hands-on practice, participants gain deeper insight into surgical planning, exposure techniques, and precise execution. The structured format emphasizes technical accuracy, procedural consistency, and intraoperative decision-making, while promoting professional growth and operative confidence. By integrating mentorship with immersive practice, this **Cadaveric Workshop for Orthopaedic Surgeons** equips participants with the skills and judgment necessary to manage complex foot and ankle reconstructive procedures with proficiency and confidence.



Course Director

Dr. Ajoy S M

A Prof and Senior Consultant.

Foot and Ankle Services,

Department of Orthopedics, Ramaiah Medical
College and Hospitals, Bangalore.

Coordinator and QCO, Ramaiah Tissue Bank.

Scientific Chair – IFAS 2022–23, IFASCON 23, IAFAC,

F&A Sessions – IASCON, IOACON 2024.

Associate Editor – JFAS (Asia Pacific)

President, Indian Foot and Ankle Society.

Course Curriculum:

- Anterior Ankle Arthroscopy – Portal placement and scope handling
- Lateral Ligament Repair and Augmentation
- Deltoid Ligament Reconstruction
- Calcaneal Osteotomy (Medial/Lateral Column)
- FDL Transfer and Spring – Ligament Reconstruction for Flatfoot
- Ankle Arthrodesis – Exposure, Joint Preparation, and Fixation

Learning Objectives

- Demonstrate step-by-step execution of anterior ankle arthroscopy including portal placement and scope handling.
- Identify anatomical landmarks and surgical planes critical for lateral and deltoid ligament reconstruction.
- Understand the biomechanical principles of calcaneal osteotomy and midfoot realignment.
- Apply techniques for tendon transfers in foot-drop and neuromuscular imbalance.
- Gain familiarity with arthrodesis preparation, fixation options, and fusion strategies.



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Learning Methodology

Cadaveric Dissection Workshops

Demonstrations by Expert Faculty

Stepwise Procedural Practice

Interactive Discussions and
Case-based Learning

Skill Assessment and Feedback
Sessions

Learning Outcomes

- Refined technical proficiency in arthroscopy, osteotomy, and ligament reconstruction.
- Ability to select appropriate surgical indications and techniques for diverse clinical presentations.
- Strengthened intraoperative decision-making and complication management skills.
- A solid foundation for translating cadaveric practice into real-world surgical performance.
- Enhanced operative confidence and instrument handling for complex foot and ankle procedures.
- Improved understanding of anatomic variations and intraoperative challenges.
- Integration of advanced reconstructive and stabilization techniques into routine surgical practice.
- Development of a structured approach for managing deformity, instability, and arthritic pathologies of the foot and ankle.

Eligibility:

Practicing Orthopedic Surgeons and Arthroplasty Specialists.

Course Fee:

Hands-on

₹ 25,000 + GST

Observership

₹ 8,000 + GST

Scan to Register



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