

FELLOWSHIP COMPLETION REPORT

Candidate Name : Dr. Harun

Fellowship Subspecialty : IFAS Foot & Ankle Fellowship

Training Tenure : October 2025 – April 2026 (6 Months)

Accrediting Body : Indian Foot & Ankle Society (IFAS)

I. CLINICAL EXPOSURE:

The six-month Indian Foot & Ankle Society (IFAS) Fellowship provides high-intensity, comprehensive tertiary clinical training. Throughout the structural rotation, immersion in demanding high-volume surgical schedules, outpatient diagnostic pathways, and Post operative protocols.

Total Active Clinical Training Days: 180 Days of continuous active clinical engagement.

- **Total Operative Cases Logged:** Approximately 550 cases

II. OPERATIVE EXPERIENCE:

- **Lisfranc Injury Management (Fixation):** Open reduction and rigid internal fixation (ORIF) using anatomically contoured plates, trans-articular screws, and bridge plating strategies to address acute high-energy midfoot ligamentous and bony disruptions.
- **Lisfranc Arthrodesis (Fusion):** Primary arthrodesis protocols for chronic column instability, severe structural comminution, and secondary post-traumatic midfoot arthritis.
- **Haglund Deformity Correction:** Resection of posterior calcaneal exostosis via specialized calcaneoplasty approaches combined with careful debridement and trans-osseous anchors for Tendo Achilles structural repair.
- **Tendo Achilles Reconstruction:** Surgical reconstruction using advanced augmentations, local tendon transfers.

- **Charcot Foot Deformity Correction & Fusion:** Advanced limb-salvage surgical protocols involving multi-planar osteotomies, extensive joint debridement, and robust realignment stabilization using internal beams, plates, and stable long-segment fusions.
- **Tibiototalcalcaneal (TTC) Arthrodesis Nailing:** Complex hindfoot salvage and multi-joint stabilization for end-stage tibiotalar and subtalar degenerative diseases via retrograde intramedullary TTC compression nailing.
- **Vascularised Fibular Grafting for Talus :** to address extensive avascular necrosis (AVN) of the talus.
- **Flatfoot Deformity Reconstruction: PCFD,** integrating medial displacement calcaneal osteotomies (MDCO), soft tissue reconstructions, and selective bony fusions.
- **Peroneal Tendon Subluxation Correction:** Restoration of lateral retromalleolar stability incorporating fibular groove-deepening procedures alongside retrocalcaneal superior peroneal retinaculum structural reefing and repairs.
- **Minimally Invasive Surgery (MIS) Foot & Ankle Procedures:** Modern low-velocity, high-torque percutaneous approaches for forefoot modifications and calcaneal realignments, designed to minimize soft-tissue morbidity and accelerate recovery profiles.
- **Comprehensive General Specialty Exposure:** Routine involvement in knee, shoulder arthroscopy, knee and hip arthroplasty procedures and trauma interventions.

III. CONFERENCES AND CONTINUING MEDICAL EDUCATION (CME)

1. STEP 2 WALK Foot & Ankle Course (Kolkata, 2026)
2. GFASCON 2026 National Conference (Goa, 2026)
3. Parekh IFAS Indo–US Advanced Foot & Ankle Course (Bengaluru, 2026)

IV. ACADEMIC PRESENTATIONS:

- **Academic Research Topic:** *“Lisfranc Injury – Fix or Fuse? How Not to Miss It.”*

- **Literary Submission Status:** Delivered as a primary keynote presentation during the fellowship academic curriculum, this research comprehensively reviews primary arthrodesis versus stable internal fixation pathways. It has been refined and officially submitted for upcoming publication in the prestigious IFAS Book.

